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<b>Module Code:</b>	NUR417
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<b>Module Title:</b>	Fundamentals of Practice
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<b>Level:</b>	4	<b>Credit Value:</b>	40
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<b>Cost Centre(s):</b>	GANG	<b>JACS3 code:</b>	B740
		<b>HECoS code:</b>	100279

<b>Faculty</b>	Social & Life Sciences	<b>Module Leader:</b>	Chris O'Grady
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Scheduled learning and teaching hours	84 hrs
Placement	See Programme Specification
Guided independent study	178.5 hrs
<b>Module duration (total hours)</b>	<b>262.5 hrs</b>

<b>Programme(s) in which to be offered (not including exit awards)</b>	Core	Option
Bachelor of Nursing (Honours) with Registered nurse (Adult)	<input checked="" type="checkbox"/>	<input type="checkbox"/>

<b>Pre-requisites</b>
None

<b>Office use only</b>		
Initial approval:	03/03/2020	Version no: 1
With effect from:	26/05/2020	
Date and details of revision:		Version no:

**Module Aims**

This module aims to provide a basic introduction to nursing and to enable the development of essential nursing care skills, required for initial clinical practice.

**Module Learning Outcomes - at the end of this module, students will be able to**

1	Recognise the need to value and respect individual differences and maintain the dignity of clients/service users. (NMC P1 1.9, 1.14, P4 4.1)
2	Outline essential nursing skills used to provide safe care, including the importance of promoting self-care. (NMC P1 1.15, P2 2.1, 2.12, P3 3.11, P4 4.7, 4.8, 4.10, 4.12, 4.13, 4.14, P6 6.1)
3	Demonstrate an understanding of person centred/holistic care and how it influences the health and wellbeing of the client/service user. (NMC P1 1.6, 1.13, P3 3.5, P4 4.2, 4.4, 4.7, P7 7.8)
4	Recognise the need to use a variety of communication strategies and formats in a range of caring situations. (NMC P1 1.11,1.20, P2 2.9, 2.10, P3 3.4, P4 4.3)
5	Demonstrate an awareness of professional standards, guidelines and policies to provide safe care. (NMC P1 1.1, 1.2, 1.3, 1.4,1.16,1.19, P3 3.9, P4 4.6, P6 6.2, 6.3,6.6)

<b>Employability Skills The Wrexham Glyndŵr Graduate</b>	<b>I = included in module content A = included in module assessment N/A = not applicable</b>
<b>CORE ATTRIBUTES</b>	
Engaged	I
Creative	I
Enterprising	
Ethical	IA
<b>KEY ATTITUDES</b>	
Commitment	I
Curiosity	
Resilient	
Confidence	I
Adaptability	I
<b>PRACTICAL SKILLSETS</b>	
Digital fluency	I
Organisation	
Leadership and team working	I
Critical thinking	
Emotional intelligence	IA
Communication	IA

## Derogations

- BN (Hons) Nursing students will be allowed two attempts at each module in each level of study, but only one third attempt at one module at that level will be allowed, at the discretion of the Assessment board. This excludes the Safe Medicate examination in each year of the programme, where three attempts will be allowed.
- There are no compensatory passes in the BN (Hons) programme due to professional body requirements, and all assessment elements of each module must be passed.
- BN (Hons) Nursing students will have the opportunity to re-attempt any referred modules within the academic year before progression is denied.
- Feedback on assessed work will be provided within four weeks of submission
- Any work submitted, however competent from an academic viewpoint, which omits or includes information which would indicate unsafe practice by the student or in any way breaches confidentiality will be deemed a 'refer'.
- The University regulations for 40 credit modules at level 4, 5 & 6 in terms of weighting for overall learning hours, contact learning hours and independent learning hours will be superseded by professional body requirements of 2300 hours theoretical and 2300 hours of clinical practice over the 3 years (the programme consists of three 40 credit modules in each part of the programme, equalling 9 modules in total)– this will result in each 40 credit module being 262.5hours multiplied by 9 modules is 2362.5 which allows slight slippage of 62.5 hours over required 2300.

## Assessment:

### Indicative Assessment Tasks:

Students will be required to submit a written assignment of 3000 words relating to person centred/ holistic care of a patient nursed in practice. This will entail focusing on two nursing care skills that were performed with/to the patient demonstrating the provision of safe and dignified care (one must include an aspect of communication). Reference must be made to the relevant standards/guidelines and policies that were utilised.

Clinical Practice Outcomes in the 'Ongoing record of the Achievement of Proficiencies for Registration' are formatively assessed throughout the academic year, and summatively assessed in the end module of each year as Pass / Fail.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1,2,3,4 & 5	Essay	100%

### Learning and Teaching Strategies:

A variety of teaching methods will be utilised including: Lectures, discussion, debate, case studies, group work, reflection, informal electronic communication, presentations and simulation. Directed and self-directed study with the use of the library and online (Moodle) services.

### Syllabus outline:

The content will include the following:

#### **Communication**

Introduction to The Code (including professionalism)/ Introduction to Communication and interpersonal skills / Communication in a multi-lingual context / Barriers and impairments to effective communication/ Oral and written communication to include documentation and record keeping skills as a communication tool/ Fundamentals of care/ Essence of Care (Communication, Information and Relationships) / Introduction to Health informatics / SBAR.

#### **Professional Approach to Providing Person Centred Care**

Equality and diversity / Introduction to Dignity, compassion and respect / Non-judgmental approach / Decision-making / Professional Codes of Conduct (caring and communication context/ towards team working) / Guidelines and policies.

**Person centred care** (including introduction to biopsychosocial aspects of health)/ patient assessment and care delivery / an introduction to planning and prioritising care / Key aspects of Health promotion relating to lifestyle to meet the needs of clients/service users (need for physical and mental health care) / Introduction to Safemedicate.

#### **Fundamentals of Meeting Individual Needs**

Meeting human needs / Meeting basic nutritional and eliminatory needs (including food hygiene, continence promotion and bowel and bladder care) / Principles of infection control / Hand Hygiene / Skin integrity and skin assessment / Basic life support and essential first aid / Manual handling / Personal safety / De-escalation/ Involvement of clients/service users/carers and others / Clinical documentation in relation to clinical observations / Fluid intake and output / Symptom management, such as anxiety, confusion, anger, thirst, discomfort, pain and breathlessness / Fundamentals of care (Caring, Compassion, Dignity, Respect, Rest and Sleep, Personal Hygiene, appearance and foot care, Eating and Drinking, Oral Health and Hygiene, Toilet Needs, Preventing Pressure Sores) / Bed making / Vital signs (manual and via technical devices) / Identification of and responding to deterioration of physical and mental health / Introduction to safe administration of medicines. (Development Nursing Procedures as identified in Annex B).

The above syllabus takes account of the following:

EU Directive Annex V2 Point 5.2.1

Nature and Ethics of the profession/ General principles of health and nursing/ Nursing principles of child care and paediatrics/ Nursing Principles of Maternity Care/ Nursing principles of care of the old & geriatrics/ Mental health and psychiatry/Anatomy & Physiology/ Hygiene - Preventative medicine/ Social sciences-sociology/ Social sciences-psychology/ Social and health legislation/ Legal aspects of nursing.

**Syllabus outline:**

NMC Future Nurse Standards of Proficiency for registered nurses

Platform 1 Being an accountable professional (1.1, 1.2, 1.3, 1.4, 1.6,1.9, 1.11, 1.13, 1.14, 1.15, 1.16, 1.19,1.20)

Platform 2 Promoting health and preventing ill health (2.1, 2.7, 2.9, 2.10, 2.12)

Platform 3 Assessing needs and planning care (3.4, 3.5,3.9, 3.11)

Platform 4 Providing and evaluating care (4.1, 4.2, 4.3,4.4,4.6, 4.7, 4.8, 4.10,4.12, 4.13, 4.14)

Platform 6 Improving safety and quality of care (6.1, 6.2,6.3, 6.6)

Platform 7 Coordinating care (7.8)

QAA Standards

5.2 i, xii

**Indicative Bibliography:****Essential reading**

Department of Health, (2010), Essence of care 2010. Available from:  
[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/216691/dh\\_119978.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/216691/dh_119978.pdf). [Electronically accessed 9th December, 2019.]

Grant, A. and Goodman, B. (2018), Communication and Interpersonal Skills in Nursing. 4th ed. London: Sage.

McCormack, B. and McCance, T. (2017), Person Centred Practice in Nursing & Health Care: Theory & Practice. 2nd ed. Oxford: Wiley Blackwell.

Nursing and Midwifery Council, (2018), The Code: Professional standards of practice and behaviour for nurses, midwives and nursing associates. Available from:  
<https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/nmc-code.pdf>.  
[Electronically accessed 9th December, 2019.]

Welsh Assembly Government, (2003), Fundamentals of care: Guidance for health and social care staff. Available from: <http://www.wales.nhs.uk/documents/booklet-e.pdf>. [Electronically accessed 9th December, 2019.]

**Other indicative reading**

**Indicative Bibliography:**

Dougherty, L. and Lister, S. (2015), *The Royal Marsden Manual of Clinical Nursing Procedures*. 9th ed. Oxford: Wiley Blackwell.

Evans, D., Coutsaiki, D. and Fathers, P. (2017), *Health Promotion and Public Health for Nursing Students*. 3rd ed. London: Sage.

NHS Wales 1000 Lives Plus, (2011), *Improving clinical communication using SBAR*.

Available from:

<http://www.1000livesplus.wales.nhs.uk/sitesplus/documents/1011/T4I%20%283%29%20SBAR.pdf>. [Electronically accessed 9<sup>th</sup> December, 2019.]